

SUNDAY

TIME	CLASS	AGE	BELT RANK
9:00 AM	Little Dragons	4 - 6 yrs	White/Yellow
10:00 AM	Little Dragons Intermediate	4 - 6 yrs	Yellow/Orange
11:00 AM	Youth Beginner *NEW*	7-11 yrs	White/Yellow
12:15 PM *NEW*	Youth Intermediate	7 - 11 yrs	Orange/Purple/Blue
1:15 PM *NEW*	Youth Advanced	10 - 15 yrs	Purple/ Blue/Green/Brown
2:15 PM *NEW*	Teen	12 - 17 yrs	All Belt Ranks

MONDAY ***NEW***

TIME	CLASS	AGE	BELT RANK
CLOSED			

TUESDAY

TIME	CLASS	AGE	BELT RANK
2:00 PM	Tiny Tigers	2.9 - 4 yrs	Tiny Tigers
4:15 PM	Teen	12 - 17 yrs	All Belt Ranks
5:15 PM	Youth Beginner	7 - 11 yrs	White/Yellow
6:15 PM	Youth Intermediate	7 - 11 yrs	Orange/Purple/Blue

WEDNESDAY

TIME	CLASS	AGE	BELT RANK
3:00 PM *NEW*	Tiny Tigers	2.9 - 4 yrs	Tiny Tigers
4:00 PM	Little Dragons	4 - 6 yrs	White/Yellow
5:00 PM	Youth Beginner	7 - 11 yrs	White/Yellow
6:00 PM	Adult Kenpo Karate	16 +	All Belt Ranks

THURSDAY

TIME	CLASS	AGE	BELT RANK
10:30 AM	Tiny Tigers	2.9 - 4 yrs	White/Yellow
4:00 PM	Little Dragons Intermediate *NEW*	4 - 6 yrs	Yellow/Orange
5:00 PM	Youth Intermediate *NEW*	7 - 11 yrs	Orange/Purple/Blue
6:00 PM	Youth Advanced	10 - 15 yrs	Purple/ Blue/Green/Brown
7:00 PM	Adult No-Gi Martial Arts	16 +	All Belt Ranks

FRIDAY ***NEW***

TIME	CLASS	AGE	BELT RANK
4:00 PM	Little Dragons	4 - 6 yrs	White/Yellow
5:00 PM	Youth Beginner	7 - 11 yrs	White/Yellow

SATURDAY

TIME	CLASS	AGE	BELT RANK
8:00 AM	Adult Kenpo Karate	16 +	All Belt Ranks
9:00 AM	Little Dragons Intermediate	4 - 6 yrs	Yellow/Orange
10:00 AM	Little Dragons	4 - 6 yrs	White/Yellow
11:00 AM	Youth Intermediate	7 - 11 yrs	Orange/Purple/Blue
11:45 AM	Youth Beginner	7 - 11 yrs	White/Yellow
1:00 PM	Teen	12 - 17 yrs	All Belt Ranks



DHAC MARTIAL ARTS

IMPORTANT DATES

*DATES ARE SUBJECT TO CHANGE

FALL SCHEDULE 2019

September 1-7, 2019	Labor Day Break Week
September 8, 2019	Back to the Mats! / Start of Session 1
Monday, October 7, 2019	World Day of Bullying Prevention Open House
October 26-27, 2019	Kick or Treat : Halloween at Karate
November 10, 2019	Start of Session 2
Saturday, November 16, 2019	2nd Annual Knockout Hunger Tournament
November 26- 30, 2019	Thanksgiving Break
December 22-28, 2019	Christmas Break
December 31, 2019	Closed for New Year's Eve

Stay tuned for special class schedules and events during break weeks

Instructors

Guy Caracciolo • Guy@dedhamhealth.com

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FALL SEMINAR SERIES: KALI

Friday, October 18, 2019	Seminar #1 - 6:00 - 8:00 PM
Saturday, November 2, 2019	Seminar #2 - 2:15 - 4:15 PM
Tuesday, November 26, 2019	Seminar #3 - 5:00 - 7:00 PM
Sunday, December 22, 2019	Seminar #4 - 11:00-1:00 PM
Individual Seminar: \$30	Series: \$100 and a set of sticks



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08/01/2019